

Mother's Day Shopping List

Mother's Day Menus

Saving the Holidays

MENU

Easy Artichoke Salad
Skillet Mediterranean Chicken
Parslied Red Potatoes
Asparagus with Feta and Lemon
Glazed Balsamic Baby Carrots
Bakery Dessert (get mom's favorite)

SHOPPING LIST

MEAT

6 boneless skinless chicken breast halves

CONDIMENTS

1 (14-ounce) can/jar artichoke hearts
1 small jar capers
1 jar Kalamata olives (need 1 ½ cups)
Olive oil
Balsamic vinegar
White Wine—OPTIONAL

PRODUCE

1 head Romaine lettuce
1 head red leaf lettuce
1 medium red bell pepper
1 medium onion
12 cherry tomatoes
1 pint grape tomatoes (or an additional ½ pint cherry tomatoes, if grape not available)
18 small red potatoes
1 bunch parsley
1 pound asparagus
2 lemons
Baby carrots (need 3 cups)

CANNED GOODS

1 (14.5-ounce) can chicken broth—OPTIONAL

DAIRY/DAIRY CASE

Butter
Low fat sour cream (need 1 cup)
Feta cheese (need ¼ cup, crumbled)

DRY GOODS

1 (7-ounce) envelope dry Italian salad dressing mix
Brown sugar (need 1 tablespoon)
Coffee (beans, if you have a grinder)

OTHER

Sandwich-size zipper topped plastic bags